

# the conversation project in central florida

Volume 1 Number 8

## BEING MORTAL

A donation to the Winter Park Health Foundation provided funds to Winter Park Public Library to bring Atul Gawande's *Being Mortal* to library patrons and residents of Westminster Winter Park, The Mayflower and Plymouth Apartments. A four part series is underway to introduce and link the tools of The Conversation Project [Conversation Starter Kit](#) to this extraordinary bestseller. Maitland Public Library's series begins on October 27<sup>th</sup>.



TV programs can help start discussions. Click on the photo to watch a scene from “Grey’s Anatomy.”

## THERAPY VIA THE ARTS

The lively interactions in our work with libraries in Maitland, Winter Park and throughout Orange County Public Library’s system reflects the power of the arts to be thought-provoking and therapeutic. Films, music, writing, television and the visual arts could be just what we need to begin difficult discussions.

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*“The battle of being mortal is the battle to maintain the integrity of one’s life—to avoid becoming so diminished or dissipated or subjugated that who you are becomes disconnected from who you were or who you want to be.” Atul Gawande*

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## GET TALKING WITH THESE FILMS

(CLICK ON FILM FOR INFO)

[The Bucket List](#)—[50/50](#)—[The Theory of Everything](#)—[Beaches](#)—[Me and Earl and the Dying Girl](#)—[Big Fish](#)—[The Notebook](#)—[Wit](#)—[Terms of Endearment](#)—[The Fault in Our Stars](#)—[Still Alice](#)—[Life as a House](#)—[Marvin’s Room](#)—[Departures](#)—[The Farewell Party](#)

## RECOMMENDED READS

(CLICK ON TITLE FOR INFO)

- [The Conversation: A Revolutionary Plan for End-of-Life Care](#) Angelo Volandes
- [Can’t We Talk about Something More Pleasant?](#) Roz Chast
- [Knocking on Heaven’s Door: The Path to a Better Way of Death](#) Katy Butler
- [The Best Care Possible: A Physician’s Quest to Transform Care Through the End of Life](#) Ira Byock



*~Pink Out Winter Park~*  
Benefits Winter Park Memorial  
Hospital Mammography Scholarship  
Fund to support women who cannot  
afford a screening mammogram or  
further diagnostic testing.

## BREAST CANCER AWARENESS MONTH

Founded in 1985, Breast Cancer Awareness Month is an annual campaign taking place in October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure.

The [Pink Glove Dance Video](#) competition is one of many awareness raising activities. Take a look at this 2015 highlight video:



Here's Florida Hospital's **fantastic** video from 2011. You might recognize some of these folks. Enjoy!



### Contact Us

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**Are you interested in being part of The Conversation Project in 2016?  
Contact us about training to work with individuals, small and large  
groups, faith communities and more.**